

CLASS 12



MCQ

**ENGLISH COMPULSORY
PRACTICE SHEET**



Deep Water

Chapter 3

1. Who is the author of the story "Deep Water"?

- a) William Douglas
- b) John Steinbeck
- c) Ernest Hemingway
- d) Mark Twain

2. What is the main theme of "Deep Water"?

- a) The joy of swimming
- b) The fear of water and overcoming it
- c) The importance of physical fitness
- d) The beauty of nature

3. What was the author's initial reaction to water and swimming?

- a) Excitement and joy
- b) Indifference and curiosity
- c) Fear and anxiety
- d) Confidence and ease

4. At what age did the author have a traumatic experience with water?

- a) Five
- b) Seven
- c) Nine
- d) Twelve

5. What event triggered the author's fear of water?

- a) Nearly drowning in a lake
- b) Falling into a swimming pool
- c) Being pushed into a deep pool
- d) Almost drowning in a river

6. How did the author's fear of water affect his behavior?

- a) It made him avoid swimming entirely
- b) It encouraged him to become a competitive swimmer
- c) It led him to take swimming lessons
- d) It had no effect on his behavior

7. What was the author's strategy to overcome his fear of water?

- a) Avoiding any contact with water
- b) Seeking professional help
- c) Facing the fear gradually and systematically
- d) Ignoring the fear and hoping it would go away

8. Who helped the author in overcoming his fear of water?

- a) A professional swimming coach
- b) His father
- c) A swimming instructor
- d) His friends

9. What was the author's approach to learning swimming as an adult?

- a) He took swimming lessons from a coach
- b) He taught himself using books
- c) He learned from friends
- d) He watched instructional videos

10. What was the author's experience in the swimming pool after his training?

- a) He felt confident and enjoyed swimming
- b) He still felt anxious but managed to swim
- c) He avoided the pool altogether
- d) He found it difficult but continued swimming

11. How did the author describe the physical and emotional effects of his fear of water?

- a) It caused physical health issues and emotional distress
- b) It led to a sense of liberation and joy
- c) It had no significant impact on his health
- d) It resulted in improved physical fitness

12. What was the primary challenge the author faced in his efforts to overcome his fear?

- a) Finding the right instructor
- b) Developing trust in the instructor
- c) Overcoming his own mental barriers
- d) Learning swimming techniques

13. How did the author feel about swimming after overcoming his fear?

- a) He felt indifferent
- b) He felt a renewed sense of confidence
- c) He remained fearful but continued swimming
- d) He felt a deep sense of regret

14. What role did visualization play in the author's journey to overcoming his fear?

- a) It helped him imagine a positive outcome
- b) It made him more anxious
- c) It had no impact on his fear
- d) It distracted him from the real issue

15. How did the author's family react to his fear of water?

- a) They were supportive and understanding
- b) They were dismissive and uninterested
- c) They encouraged him to avoid water
- d) They pushed him into swimming forcibly

16. What does the story reveal about the impact of childhood experiences on adult behavior?

- a) Childhood experiences have little impact on adulthood
- b) They can profoundly shape adult fears and behaviors
- c) They are often forgotten and irrelevant
- d) They lead to a complete change in personality

17. How does the author use his personal experience to convey a broader message?

- a) By focusing solely on his own fear
- b) By demonstrating the power of overcoming personal challenges
- c) By highlighting the importance of avoiding fears
- d) By encouraging others to ignore their fears

18. What was the author's ultimate goal in facing his fear of water?

- a) To become a professional swimmer
- b) To regain control over his life and enjoy swimming
- c) To impress others with his swimming skills

d) To avoid any further contact with water

19. How does the story "Deep Water" illustrate the process of overcoming fear?

- a) By showing the immediate success in overcoming fear
- b) By highlighting the gradual and persistent effort required
- c) By emphasizing the use of avoidance strategies
- d) By focusing on external motivations

20. How does the author's journey reflect on the concept of personal growth?

- a) It shows that personal growth is irrelevant to overcoming fears
- b) It demonstrates that growth often requires confronting and overcoming fears
- c) It suggests that personal growth is achieved by avoiding challenges
- d) It implies that personal growth is not possible

21. What does the author's experience with the swimming pool symbolize in the story?

- a) A place of leisure and relaxation
- b) A symbol of fear and struggle
- c) A site of competition and achievement
- d) A location for socializing

22. How did the author describe the process of gradually facing his fear?

- a) As quick and easy
- b) As slow but ultimately rewarding
- c) As painful and futile
- d) As challenging but unimportant

23. What lesson does the author hope readers will take away from "Deep Water"?

- a) To avoid confronting their fears
- b) To understand that fear can be overcome with persistence
- c) To avoid dealing with childhood traumas
- d) To rely on external help rather than self-effort

24. How did the author's perception of water change over time?

- a) It remained the same
- b) It evolved from fear to enjoyment
- c) It shifted from indifference to dislike
- d) It changed from enjoyment to fear

- c) That they require a combination of persistence and courage to overcome
- d) That they will eventually disappear on their own

25. What does the author emphasize about dealing with deep-seated fears?

- a) That they should be ignored
- b) That they can be managed through avoidance



B O A R D
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Answer Key

1. a
2. b
3. c
4. b
5. c
6. a
7. c
8. c
9. a

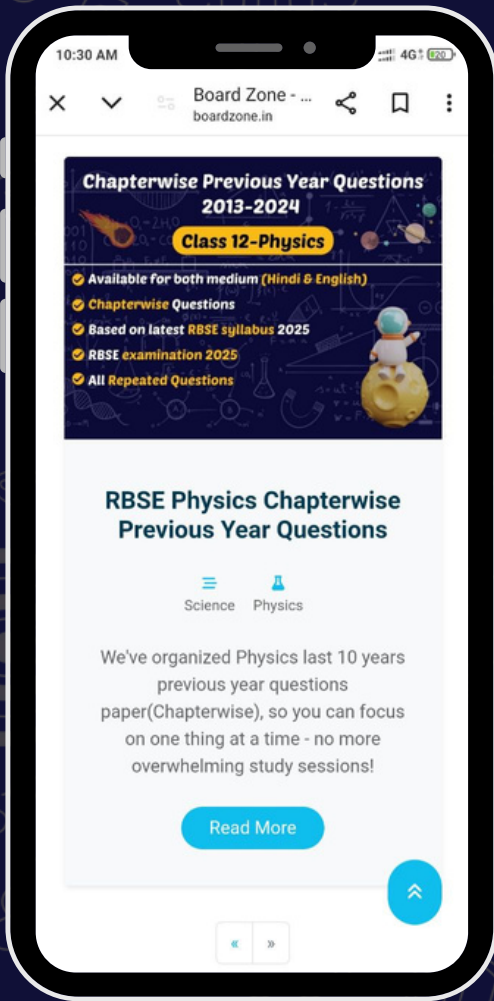
10. a
11. a
12. c
13. b
14. a
15. a
16. b
17. b
18. b

19. b
20. b
21. b
22. b
23. b
24. b
25. c



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